

AgeWellAndLiveWell

Group 10-04

Our solution

Solution One: Help

If the elderly want to earn some or more income to lessen the burden on their children, guardians, or whoever is supporting them financially, community centres could organise fairs, with stalls that are held by elderly who want to showcase their homemade items and sell them. Community centres could also hold cooking lessons conducted by the elderly for the younger generation. This could not only let the elderly earn some income, but it also allows the younger generation to learn to appreciate the elderly. It also gives the elderly a chance to think creatively and get their mind active again, reducing the risk of dementia. This can also be an opportunity for the community centre to hold exercise sessions with the elderly as they are out of their homes, keeping them fit. It's killing two birds with one stone. There could be an online reward system to encourage the elderly to do this, such as a point system for attendance which can be traded for other items of value such as enhanced subsidies or wearable gear or vouchers.

This system could be fully digitalised to minimise error and provide to convenience to the elderly. Hence, we, the government, will contact all community centres islandwide conduct these fairs and cooking classes. We envision this to happen by 2045.

The Action Plan

The reason that the elderly are cut off from modern society and hence causing the five problems is that the younger people think they are outdated. However, their methods are good too. The fair and the cooking classes will be perfect ways to show that. The elderly can let the young people try out the food first, and if they like it, they can learn how to use the older methods to cook food. This will cause the younger people to appreciate the older generation and find out that their methods are not horrendous. While preserving this culture, they are also helping the elderly not to feel lonely as they keep them company and are making life more comfortable for them as the young people will try to adapt to their way of doing things or attempt to use modern technology to replicate their methods. This will, in turn, remove the barriers and bring the elderly back to modern society again.

We, the government, will implement this plan by contacting all community centres islandwide to conduct these fairs and activities, with some subsidy. We envision this to happen by 2030 in all community centres islandwide, but we will start this up in 2025. At first, there may only be a small turnout, but if we advertise the good parts of this, more people will come.

The future scene will no longer involve the elderly feeling lonely and being cooped up at home all day, but the scene of elderly preparing recipes to teach in their next class, or cooking food to sell at the fair. This solution is feasible as a study shows that if children spend more time with the elderly and bond together, the children will have a more positive attitude towards the elderly. This proves that

The Action Plan

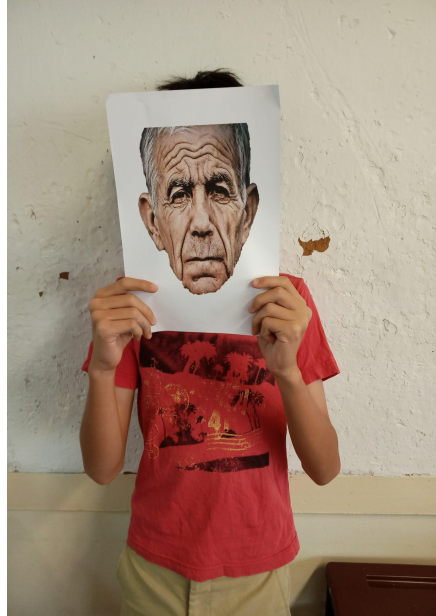
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Introducing the characters!



Joseph



Jake



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The
great
AgeWell
andLive
Well
Mascot!



Script background:

The year is 2040 and there are many elderly people, of which many have lost family or have been abandoned, and they are extremely lonely and on the edge of depression. Jake Cheng is an old man who is no exception to the loneliness that set in whenever his family isolates him, as they are more prone to injuries and illnesses, and there would be large medical costs and hospital bills to pay if this happened. This would not contribute well to the escalating costs of living, and children were already a large burden on their own. Thus, they were not happy about having more dead weight to drag along.



A mattress and a fan-the living conditions of the elderly in the future.