

Project SOS(7)

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Single Year Project

1. Area of Concern

Based on a survey done by the Singapore Kindness Movement(SKM) in Singapore on 3,066 respondents via face-to-face interviews over 2 waves; from July to August 2016 and from December 2016 to January 2017, 24% of the respondents were excellent in volunteering time for charity services and 32% were excellent in donating money to the needy. Moreover, only 17% of the respondents were excellent in keeping public toilets clean and dry after use.

Prime Minister Goh Chok Tong highlighted the need for Singapore to become a gracious society by the 21st century in his 1996 New Year Message. In line with his call to build a gracious society, the SKM, founded in 1997, aims to encourage Singaporeans to make a real commitment to gracious living through simple acts of kindness in their daily activities.

Since 2008, the Graciousness Survey has provided a handy barometer for tracking the level of graciousness and kindness in Singapore. Based on the SKM survey results, there was a general lack of kindness within Singaporeans.

2. Challenges Identified

3. Underlying Problem

My group identified that there is a general lack of kindness in Hwa Chong students. Thus, we decided to improve this situation by improving the kindness level in school such that students can be more aware of the need to be kind and keep these values even when they leave school.

4. Plan of Action

Our plan of action is detailed in the table below. We started off with the search for project mentors and contacted Mr Daniel Siew Wen Jie in regards to a kindness project. We are focusing on kindness within school grounds as it would be possible for the filming of social experiments which is also approved by the school. Our first aim is only to conduct social experiments on individuals which may not be very impactful on the

school population. Thus, we decided to design another poster to spread awareness to the student population.

5. Actions and Outcomes to date

Date	Action	Objective(s)
Jan-April	1. Searching of Project Mentors 2. Speaking with Mr Daniel Siew regarding our kindness project 3. Prepare for Proposal Evaluation	
April-July	1. Social Experiments 2. Designing of Poster 3. Prepare for Mid-Term Evaluation 4. Contacting Mr SungKK for approval of putting up posters	Raising awareness about the lack of kindness in Hwa Chong students.
August	1. Putting up of posters 2. Showing of Social Experiment videos via Mr Daniel Siew	1. Done 2. May not be feasible as video focuses on honesty more than kindness.

Project Outcomes

1. Accomplishments

Increased awareness of the levels of kindness in Hwa Chong by putting up posters and the social experiments conducted, and successfully increased kindness levels as seen through the video made.

2. Reflections

Through this project many of us have learnt several skills and values such as editing videos, leading a group, and especially time management. Being Secondary 3s, there is a huge workload that we have to juggle together with our CCAs which leaves us little time to come together to work on this project. Because of these factors, we look towards to the holidays as a time to relax and prepare for the next exams instead of using these opportunities to further improve on our project. However, despite this we are pleased that we were able to accomplish our goal even though the video was flawed as it focused more on honesty than on kindness. We were not able to grasp the full meaning of kindness and that lead us to a careless start which focused on honesty. Nonetheless, we were able to get various commends from these people we interviewed and have many takeaways from these. The success in our project is that we have successfully raised awareness about the lack of kindness in Hwa Chong students and increased the levels of kindness.

3. Scope of impact

Impact: Students are now aware of the need to be kinder in school and we hope that they are trying their best to be kinder in every possible way they can.

Outreach: Substantial amount of students are aware of this due to the posters being strategically placed at locations where there usually is a heavy flow of students.

Resolution of AOC/UP: Through the spreading of this problem throughout the school, many students have been notified of the problems we face because of the lack of kindness in school and this has led to the increase in amount of kindness shown in Hwa Chong students.

